Making time to write

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Women in Cognitive Science: Panel Discussion at SARMCA 15, Victoria, BC

Tips

- Find a cozy place to think and write
 - Could be a café, office, home
 - Could be a hotel/motel/tent in another city
- Exercise: take long walks/hikes/bike rides, swims preferably outside (clears the mind and arteries)

Tips

- Hunker down and stop procrastinating
 - Turn off email, cell phone, etc.
 - Crank up the music, if that's your thing
 - $\ Write write$
 - Proofread later
 - Write more
- · Writing is like exercising; discipline



Tips

- Enjoy the writing process
- If you don't enjoy writing, learn to enjoy it
- It's easier to work at things you enjoy; you'll accomplish more

Good luck